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September 2015 Volume 9



Chaplain's Message



GENTLEMEN, GET YOUR MOTORS RUNNING

Well, maybe it is not you who become the school bus driver, perhaps it is your wife, but the time has come to begin the old routine. Amazing how our lives fall into patterns that never seem to end!

September is the beginning of the school year for most students and with it comes a parent's responsibility to get the children ready on time. From what so many tell me, it isn't an easy task, and my hat goes off to all those who have mastered it!

Routine is not just a part of a child's life; it also fills a big chunk of the life of the adult. Building healthy routines can keep us sane. It can contribute to our development, teach discipline and set up patterns

Grand Knight's Message

September 2015

Hope you are enjoying the last days of unofficial summer! Some people are reluctant to let go but I always look forward to the change of seasons.

I am also looking forward to some great upcoming events at St Thomas More Council. Just around the corner we are planning to have a return of our Halloween party (Oct. 24) and the following day we are once again supporting the Alzheimer's Walk at Bergen Community College. We still have three more Friday night dinners before the year ends too! We also host the Spectrum Canteen, First Degree and if you are interested in serving lunch to the needy we serve at St. James' in Newark once a month.

Speaking of St. James we are in need of starting up a new kitchen crew. PGK Frank Zimmerman and the kitchen crew for the Friday Night Dinner will no longer be available to also cook for St James. My heartfelt thanks goes out to Frank, Ray Polomski, Mike D'Angelo, John Hayde, Jim Quirk, Frank Mariconti, and Dave Stewart for taking care of this additional effort.

(Chaplain)

that will keep us on track, whether that track is financial, social, spiritual or intellectual.

We don't always take time to examine the patterns we have in life. Some people complain of being exhausted, but never build into their lives some time for themselves or for relaxation. The world won't give us time off. We have to claim it.

When as Christians we look at the lives of famous faith figures, we often see that they devote a good deal of time to prayer and meditation. It renews them. A lot of these people were in religious orders, but their lives were still very active and many demands were made on them in the work they had to do. While most people are not in a regimented religious order, the lesson to be learned is the same. Plan your life, just don't let it happen!

Today we are becoming more sophisticated, especially about our financial futures. We are advised continually to consult a planner and take positive steps to look to future needs. While finances are very important, our mental and physical health also needs to be looked at and planned for. When you want to do the best for your family, it begins with keeping yourself fit and interested in life. While children may now be a major part of your life, one day they will move out, and what will be left if you haven't spent time maintaining your relationships?

A holistic approach to life is helpful. Watching our weight, exercising, spending time with friends, reflecting on where we are in life and where we want to go, all play a part in achieving our goals. We begin, of course, by setting goals.

When preparing young couples for marriage, we often ask them where they want to be in five or ten years. Unfortunately, while they may initially do some dreaming and planning, they often just let things slide as they go on. Focusing on your own growth and the growth of your family can keep you on track. Sitting down with them and asking about their career goals, even when they are children, can give insight into their dreams, even if they change regularly. Keeping abreast of one another is an essential part of maintaining a family.

As the school year and its routines begin, make an effort to visualize your future. If you don't have a dream, you can't work toward it. Thankfully, we have a God who wants us to be happy and succeed. With a God who is for us, as the Scripture says, who can be against us?

So if you cook (or even wish you could) here's your opportunity to show your skills and learn new ones in the kitchen while helping those in need. At the moment we are serving lunch to about 30 people at St. James although many take away food for later in the day. We serve the first Saturday of the month but since the number of meals is manageable you could conceivably freeze these lunches depending on your schedule. The day before we serve it can be taken out of the freezer to thaw. Do whatever works for you; okay iron chef!

Joe Laquidara

Spectrum Canteen and Walk-A-Thon

Dear Brothers,

A **Spectrum Canteen** will be held on Monday, **September 14th**.

The annual **Spectrum Walk-A-Thon** will be held at **Van Saun Park in Paramus** on **Sunday, October 4th**. We, as Knights in support of this Walk, help to set-up and clean-up from 7AM to noon. Please give of your time when you can.

Thank you to all who have expressed your interest in my recent hip surgery which turned out excellent.

God Bless

Mike Carpenter

Joseph F. Lamb Assembly 0665

Brother Knights:

The up-coming Exemplification will be taking place on November 22nd 2015.

It will be combined with the Military Ball on the same day and at the same location.

The Starting time is 11:30AM. Further details will follow after the next Masters meeting in September. The location will be at the Fiesta located on Rt. 17 South in Wood-Ridge, NJ.

Brother Knights interested in joining the Patriotic Order are urged to complete the Application forms, have the Financial Secretary confirm your eligibility and submit the forms ASAP.

The Assembly will resume activities in September.

Dates, locations and times of meetings TBD.

Fraternally,

Al Lukievics PGK PFN

September and October 2015

September

- 09/03 General Meeting.....8:00 PM
- 09/05 Meals for the Needy.....9:00 AM
- 09/07 Labor Day
- 09/08 First Degree.....7:00 PM
- 09/11 Patriot Day
- 09/14 Spectrum Canteen.....6:30 PM
- 09/17 Officers' Meeting.....8:00 PM
- 09/18 Friday Night Dinner.....6:00 PM

October

- 10/1 General Meeting.....8:00
- 10/03 Meals for the Needy.....9:00 AM
- 10/04 Spectrum Walk-A-Thon
- 10/12 Spectrum Canteen.....6:30 PM
- Columbus Day
- 10/13 First Degree.....7:00 PM
- 10/15 Officers' Meeting.....8:00 PM
- 10/16 Friday Night Dinner.....6:00 PM
- 10/24 Halloween Party
- 10/25 Alzheimer's Walk


Save the Date

It may be September but the 2016 Golf Outing is already scheduled. Mark your calendar for **Monday, June 13, 2016** as the date of the Scholarship and Charities Outing at the River Vale Country Club. We shall again offer the hot buffet breakfast and the luncheon as part of the package. All fees and door prizes are included in the cost.

We hope to surpass our total of raising over \$4,600 in the upcoming event so think about joining us as a golfer or in helping to solicit sponsors for the outing. The more sponsors participating, the greater the funds raised for the Scholarship and General Charities Funds.

Ray Polomski


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